

G.I. Integrity

What Is It?

G.I. Integrity provides four key compounds with the potential to support gut integrity, promote a healthy mucosal lining, stimulate immune defense and help neutralize free radicals for healthy GI comfort and function.*

Uses For G.I. Integrity

Gastrointestinal Integrity and Function: I-Glutamine, the most abundant amino acid in the body, promotes healthy everyday tissue repair. In the gut, it maintains intestinal integrity by supporting the protective mucosal lining and maintaining healthy villous function. This helps to ensure proper nutrient utilization while limiting the amount of toxins that pass through the intestinal barrier. It is also the principal metabolic fuel for the enterocytes and immune cells in the small intestines. N-acetyl-d-glucosamine is incorporated into glycosaminoglycans and glycoproteins that comprise the gut's mucosal surface, maintaining healthy intestinal tissue. Gamma oryzanol provides beneficial support for gastric health and comfort. Aloe maintains healthy prostaglandin metabolism and immune mediator activity and promotes defense against reactive oxygen metabolites. In one randomized, double blind trial, volunteers reported positive intestinal support with aloe compared to placebo.*

What Is The Source?

l-Glutamine is manufactured from the fermentation of vegetables. n-Acetyl-d-glucosamine is derived from crab and shrimp. Gamma oryzanol is derived from rice bran. Aloe vera is a 200:1 extract derived from the inner fillet of *Aloe barbadensis* and standardized to contain 10% polysaccharides. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil.

Recommendations

Pure Encapsulations recommends 4 capsules daily, in divided doses, with or between meals.

Are There Any Potential Side Effects Or Precautions?

Rare side effects of glucosamine or aloe include nausea, heartburn, diarrhea, constipation, drowsiness or headache. If pregnant or lactating, consult your physician before taking this product.

Are There Any Potential Drug Interactions?

Individuals taking aloe and oral anti-hyperglycemic medications may require blood glucose monitoring. Consult your physician for more information.

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four vegetable capsules contain	
l-glutamine (free-form)	
n-acetyl-d-glucosamine (crab, shrimp)	1,000 mg.
gamma oryzanol (rice bran)	300 mg.
aloe vera (aloe barbadensis) extract (inner fillet) (200:1)	100 mg.
(standardized to contain 10% polysaccharides)	
vitamin C (as ascorbyl palmitate)	20 mg.
4 capsules daily, in divided doses, with or between meals.	