

# Acerola/ Flavonoid

#### What Is It?

Acerola/Flavonoid is an enhanced antioxidant formula with the synergistic protective action of the bioflavonoids hesperidin and naringin and three important vitamin C sources, including acerola (*Malpighia glabra L.*, a naturally concentrated botanical source of vitamin C), pure ascorbic acid (water soluble vitamin C) and ascorbyl palmitate (fat soluble vitamin C).\*

#### **Uses For Acerola/Flavonoid**

Various Physiological Support Properties: The antioxidant and free radical scavenging power of vitamin C offers a wide range of support for the human body. It supports the body's defense system by enhancing white blood cell function and increasing interferon levels, antibody responses, and secretion of thymic hormones. It is essential for the formation and maintenance of intercellular ground substance and collagen. Vitamin C aids in the absorption of iron and the formation of red blood cells and converts folic acid to its active forms. It has histamine-lowering properties, increases lymphocyte formation, and is required for the synthesis of carnitine. Additionally, acerola extract provides a broad spectrum of other vitamins and minerals allowing for enhanced nutritional support. Bioflavonoids provide complementary antioxidant and immune modulating support.\*

#### What Is The Source?

Acerola/Flavonoid contains pure ascorbic acid, derived from corn dextrose fermentation; ascorbyl palmitate, derived from corn dextrose fermentation and palm oil; acerola extract sourced from the berries of *Malpighia glabra L.*, providing 17% vitamin C; hesperidin methyl chalcone (98% pure), sourced from sweet oranges; and naringin (98% pure), sourced from grapefruit.

#### **Recommendations**

Pure Encapsulations recommends 1-8 capsules per day, in divided doses, between meals.

## Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. People with the following conditions should consult their doctor before supplementing with vitamin C: glucose-6-phosphate dehydrogenase deficiency, iron overload (hemosiderosis or hemochromatosis), history of kidney stones, or kidney failure. It has been suggested that people who form calcium oxalate kidney stones should avoid vitamin C supplements because vitamin C can convert into oxalate. Consult your physician for more information.

### **Are There Any Potential Drug Interactions?**

This formula may react with mixed amphetamines (a specific amphetamine combination used to treat narcolepsy and attention deficit disorder) and blood thinning medications. Consult your physician for more information.

#### Acerola/Flavonoid

each vegetable capsule contains	
acerola (Malpighia glabra I.) extract providing vitamin C (17%)	(25.5 mg.)
vitamin C (as ascorbyl palmitate) providing vitamin C (43%)ascorbic acid	(6 mg.)
providing vitamin C (100%)hesperidin methyl chalcone (98% pure)	
naringin (98% pure) 1-8 capsules per day, in divided doses, betv	150 mg.