



— Your Trusted Source —

Glucosamine Sulfate

Introduced 1994



What Is It?

Glucosamine Sulfate enhances and utilizes the intrinsic compounds in cartilage in order to nutritionally provide for healthy cartilage and proper joint functioning.*

Uses For Glucosamine Sulfate

Cartilage Composition: Glucosamine is a naturally occurring compound present in joint cartilage that is necessary for the synthesis of proteoglycans, the protein molecules responsible for giving cartilage its strength and resilience. Sulfate, another component of proteoglycans, works synergistically with glucosamine in cartilage metabolism. Glucosamine sulfate nutritionally supports healthy joints and the body's ability to generate and regenerate connective tissue.*

What Is The Source?

Glucosamine sulfate is derived from crab and shrimp chitin. This product is a potassium salt of glucosamine sulfate. Potassium is derived from limestone. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil.

Recommendations

Pure Encapsulations recommends:

- Glucosamine Sulfate 1,000 mg: 1-2 capsules daily, in divided doses, with meals, or as directed by a health professional.
- Glucosamine Sulfate 650 mg: 2 capsules daily, in divided doses, with meals, or as directed by a health professional.

Are There Any Potential Side Effects Or Precautions?

Not to be taken by individuals with an allergy to shellfish. Glucosamine sulfate has caused mild gastrointestinal symptoms in some individuals, such as nausea, heartburn or diarrhea. If pregnant or lactating, consult your physician before taking this product.

Are There Any Potential Drug Interactions?

Glucosamine may be contra-indicated with blood thinning medications. Consult your physician for more information..

Glucosamine Sulfate 1,000 mg

each vegetarian capsule contains 00

glucosamine sulfate (from crab, shrimp)	1,000 mg
ascorbyl palmitate (fat-soluble vitamin C)	16 mg
other ingredients: vegetarian capsule (cellulose, water)	

1-2 capsules daily, in divided doses, with meals, or as directed by a health professional.

Glucosamine Sulfate 650 mg

each vegetarian capsule contains 0

glucosamine sulfate (from crab, shrimp)	650 mg
ascorbyl palmitate (fat-soluble vitamin C)	8 mg
other ingredients: vegetarian capsule (cellulose, water)	

2 capsules daily, in divided doses, with meals, or as directed by a health professional.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.