



Pycnogenol®

What Is It?

Pycnogenol® is a pine bark extract rich in proanthocyanidins and antioxidant properties. While “Pycnogenol” originally denoted all proanthocyanidin extracts, regardless of source, it now refers specifically to maritime pine bark extract.*

Uses For Pycnogenol®

Vascular Support: The mixture of proanthocyanidins in pine bark supports vascular endothelial integrity by stabilizing collagenous membranes. They also promote vascular function by modulating nitric oxide levels. In addition to facilitating vitamin C regeneration and preserving vitamin E, pycnogenol is a potent hydroxyl and superoxide radical scavenger. Collectively, these actions promote the health of blood vessels.*

What Is The Source?

Pycnogenol® extract is derived from maritime pine bark and contains a minimum of 65–75% proanthocyanidins by weight. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Hypo-allergenic plant fiber is derived from pine cellulose.



Pycnogenol® is a registered trademark of
Horphag Research Ltd. U.S. Patents 4,698,360 5,720,956
and 6,372,266.

Recommendations

Pure Encapsulations recommends:

- Pycnogenol® 50 mg: 1-3 capsules per day, in divided doses, between meals.
- Pycnogenol® 100 mg: 1-2 capsules per day, in divided doses, between meals.

Are There Any Potential Side Effects Or Precautions?

At this time, there are no known side effects or precautions. If pregnant or lactating, consult your physician before taking this product.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications. Consult your physician for more information.

Pycnogenol® 100 mg.

each vegetable capsule contains



Pycnogenol (pine bark extract)	100 mg.
(standardized to contain 65-75% proanthocyanins)	
vitamin C (as ascorbyl palmitate).....	4 mg.
(hypo-allergenic plant fiber added to complete capsule volume requirement)	
1-2 capsules per day, in divided doses, between meals.	

Pycnogenol® 50 mg.

each vegetable capsule contains



Pycnogenol (pine bark extract)	50 mg.
(standardized to contain 65-75% proanthocyanins)	
vitamin C (as ascorbyl palmitate).....	2 mg.
(hypo-allergenic plant fiber added to complete capsule volume requirement)	
1-3 capsules per day, in divided doses, between meals.	

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.