

Supplement Facts

Serving Size: 2 Capsules

	Amount Per Serving	% Daily Value
Vitamin A (75% as natural beta-carotene and 25% as retinyl palmitate)	3750 IU	75%
Vitamin C (as sodium ascorbate, potassium ascorbate, zinc ascorbate, and calcium ascorbate)	125 mg	208%
Vitamin D3 (cholecalciferol)	100 IU	25%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	100 IU	333%
Thiamin (as thiamine mononitrate)	10 mg	667%
Riboflavin (as riboflavin 5'-phosphate sodium)	10 mg	588%
Niacin (as niacinamide and niacin)	32 mg	160%
Vitamin B6 (as pyridoxal 5' phosphate)	10 mg	500%
Folate (as Quatrefolic® (6S)-5-methyltetrahydrofolic acid, glucosamine salt)	200 mcg	50%
Vitamin B12 (as MecobalActive™ methylcobalamin)	250 mcg	4167%
Biotin	500 mcg	167%
Pantothenic Acid (as d-calcium pantothenate)	100 mg	1000%
Calcium (as DimaCal® di-calcium malate and calcium ascorbate)	50 mg	5%
Iodine (as potassium iodide)	50 mcg	33%
Magnesium (as Albion® di-magnesium malate)	50 mg	13%
Zinc (as TRAACS® zinc bisglycinate chelate)	6.5 mg	43%
Selenium (as Albion® selenium glycinate complex)	50 mcg	71%
Copper (as TRAACS® copper bisglycinate chelate)	0.5 mg	25%
Manganese (as TRAACS® manganese bisglycinate chelate)	0.25 mg	13%
Chromium (as TRAACS® chromium nicotinate glycinate chelate)	250 mcg	208%
Molybdenum (as TRAACS® molybdenum glycinate chelate)	25 mcg	33%
Potassium (as Albion® potassium glycinate complex)	49.5 mg	1%
Choline (as choline dihydrogen citrate)	18 mg	**
Inositol	18 mg	**
PABA (para-aminobenzoic acid)	6.5 mg	**
Vanadium (as TRAACS® vanadium nicotinate glycinate chelate)	375 mcg	**

\*\* Daily Value (DV) not established