



Manufacturers of  
Hypo-allergenic  
Nutritional  
Supplements



# Maca-3

## What Is It?

Maca-3 combines three maca extracts to provide the synergy of constituents prized for promoting male and female libido and healthy reproductive system function.\*

## Uses For Maca-3

**Supports Healthy Libido:** Maca, cultivated in the highlands of Peru, has long been considered the ginseng of the Andes, supporting energy, stamina and vitality. For centuries, it has been associated with supporting healthy libido and sexual performance. Studies indicate that this effect appears independent of any influence on testosterone or other hormones, further supporting the safety of maca. In addition to traditional use, several recent trials involving male subjects indicate its potential for supporting healthy sexual desire and performance. Maca has also been associated with promoting healthy female sexual interest and healthy reproductive system function.\*

## What Is The Source?

Maca extract is derived from *Lepidium meyenii* tuber. The three extracts include an extract standardized to contain 0.6% macamides and macaenes<sup>†</sup>, an extract standardized to contain 0.6% glucosinolates and a 4:1 extract. Hypo-allergenic plant fiber is derived from pine cellulose.

<sup>†</sup>MacaPure<sup>®</sup> is a registered trademark of Naturex. U.S. Patents 6,552, 206; 6,428,824; 6,267,995; 6,878,731.

## Recommendations

Pure Encapsulations recommends 1-2 capsules daily, in divided doses, with or between meals.

## Are There Any Potential Side Effects Or Precautions?

At this time, there are no known side effects or precautions. If pregnant or lactating, consult your physician before taking this product.

## Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications. Consult your physician for more information.

### Maca-3

#### each vegetable capsule contains

|  |         |
|--|---------|
| maca ( <i>Lepidium meyenii</i> ) extract (tuber) <sup>†</sup> .....        | 225 mg. |
| (standardized to contain 0.6% macamides and macaenes)                      |         |
| maca ( <i>Lepidium meyenii</i> ) extract (tuber).....                      | 225 mg. |
| (standardized to contain 0.6% glucosinolates)                              |         |
| maca ( <i>Lepidium meyenii</i> ) extract (4:1) (tuber) .....               | 100 mg. |
| vitamin C (ascorbyl palmitate) .....                                       | 5 mg.   |
| (hypo-allergenic plant fiber added to complete capsule volume requirement) |         |

1-2 capsules daily, in divided doses, with or between meals.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.