



Digestive Enzymes *Ultra* with Betaine HCl

Introduced 2013



What Is It?

Digestive Enzymes *Ultra* with Betaine HCl contains a high-strength mixture of betaine HCl and vegetarian enzymes to support enhanced protein, carbohydrate, fat, fiber and dairy digestion and promote optimal nutrient bioavailability and absorption.*

Uses For Digestive Enzymes *Ultra* with Betaine HCl

Promote Digestion: This formula contains an all-encompassing profile of betaine HCl and digestive enzymes to support protein, carbohydrate, fat, fiber and dairy digestion. Betaine HCl supports optimal gastric pH, important for the enhanced digestion of protein and other nutrients. Proteases included in this formula provide optimal activity across a wide pH range. They facilitate the normal breakdown of proteins and di- and tri-peptides. Lipase promotes lipid breakdown while amylase and glucoamylase are included to stimulate polysaccharide breakdown of starch and glycogen. Invertase and lactase support digestion of carbohydrate disaccharides, including the dairy sugar lactose. This formula also offers numerous enzymes to support fiber breakdown, including cellulase, hemicellulase, beta-glucanase and phytase. These enzymes act to break down cell wall components and phytic acid, promoting nutrient bioavailability of fiber-containing foods. Additionally, alpha-galactosidase promotes the breakdown of certain complex carbohydrates, such as raffinose and stachyose, found in some legumes, vegetables and grains – helping to relieve occasional bloating or gas.*

What Is The Source?

Enzymes are derived from microbial fermentation. Betaine HCl is synthetic. Hypo-allergenic plant fiber is derived from pine cellulose. Dextrin is derived from tapioca.

Recommendations

Pure Encapsulations recommends 1-2 capsules with each meal.


Are There Any Potential Side Effects Or Precautions?

Large amounts of betaine HCl may cause stomach irritation. Individuals with a history of peptic ulcers, gastritis, or gastrointestinal symptoms should consult their physician before taking betaine HCl. If pregnant or lactating, consult your physician before taking this product.

Are There Any Potential Drug Interactions?

People taking nonsteroidal anti-inflammatory drugs (NSAIDs), cortisone-like drugs, or other medications that might cause a peptic ulcer should not take betaine HCl. Consult your physician for more information.

Digestive Enzymes *Ultra* with Betaine HCl

two vegetarian capsules contain	 v O
proprietary enzyme blend	391 mg
providing:	
amylase	24,000 DU
protease	60,000 HUT
protease 6.0	20,000 HUT
glucoamylase	30 AGU
lactase	1,600 ALU
lipase	3,000 FIP
beta-glucanase	20 BGU
invertase	900 SU
cellulase	800 CU
alpha-galactosidase	120 GalU
protease	20 SAPU
phytase	10 FTU
hemicellulase	200 HCU
betaine HCl	500 mg
other ingredients: hypoallergenic plant fiber (cellulose), tapioca dextrin, vegetarian capsule (cellulose, water)	

Discontinue immediately if a burning sensation occurs. Not recommended for people with ulcers or a history of ulcers.

1-2 capsules with each meal.