



— Your Trusted Source —

# ProstaFlo

Introduced 2000



## What Is It?

ProstaFlo contains a highly concentrated flower pollen extract, providing a 20:1 combination of water soluble to fat soluble flower pollen extracts from the Gramineae family.

## Uses For ProstaFlo

**Support For Urinary And Prostate Health:** A number of clinical trials have reported that flower pollen extract is supportive of prostate health. Additionally, one multiple-center, double-blind study and a separate clinical evaluation of long-term consumption indicated that it supported urinary flow with excellent tolerability in male subjects. An animal study indicated that the water-soluble and the fat-soluble fractions play a synergistic role in modulating urethra smooth muscle function. The fat-soluble constituents promote proper leukotriene and prostaglandin production in vitro. Furthermore, flower pollen extract provides a healthful spectrum of nutrients, including vitamins, minerals, carotenoids, flavonoids, nucleic acids and enzymes for optimal synergy.\*

## What Is The Source?

Flower pollen extract (*Secale cereale L.*) is derived from rye and contains the water and fat soluble fractions in a 20:1 ratio. The pollen is harvested directly from selected plants, and the allergenic outer husk is removed.

## Recommendations

Pure Encapsulations recommends 3-5 capsules daily, in divided doses, with meals.

## Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. The pollen extracts used in this product are harvested directly from the selected plants and the allergenic outer husk is removed. While the risk of allergenicity is low, individuals with a sensitivity to pollen may still want to be cautious.

## Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications.

## ProstaFlo

each vegetarian capsule contains  v 1

rye flower (*secale cereale l.*) extract (pollen) ..... 320 mg  
other ingredients: vegetarian capsule (cellulose, water)

**3-5 capsules daily, in divided doses, with meals.**

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.