



# Pycnogenol®

## What Is It?

Pycnogenol® is a pine bark extract rich in proanthocyanidins and antioxidant properties. While “Pycnogenol” originally denoted all proanthocyanidin extracts, regardless of source, it now refers specifically to maritime pine bark extract.\*

## Uses For Pycnogenol®

**Vascular Support:** The mixture of proanthocyanidins in pine bark supports vascular endothelial integrity by stabilizing collagenous membranes. They also promote vascular function by modulating nitric oxide levels. In addition to facilitating vitamin C regeneration and preserving vitamin E, pycnogenol is a potent hydroxyl and superoxide radical scavenger. Collectively, these actions promote the health of blood vessels.\*

## What Is The Source?

Pycnogenol® extract is derived from maritime pine bark and contains a minimum of 65–75% proanthocyanidins by weight. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Hypo-allergenic plant fiber is derived from pine cellulose.



Pycnogenol® is a registered trademark of Horphag Research Ltd. U.S. Patents 4,698,360 5,720,956 and 6,372,266.

## Recommendations

Pure Encapsulations recommends:

- Pycnogenol® 50 mg: 1-3 capsules per day, in divided doses, between meals.
- Pycnogenol® 100 mg: 1-2 capsules per day, in divided doses, between meals.

## Are There Any Potential Side Effects Or Precautions?

At this time, there are no known side effects or precautions. If pregnant or lactating, consult your physician before taking this product.

## Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications. Consult your physician for more information.

### Pycnogenol® 100 mg.

#### each vegetable capsule contains

Pycnogenol (pine bark extract) .....	100 mg.
(standardized to contain 65-75% proanthocyanins)	
vitamin C (as ascorbyl palmitate).....	4 mg.
(hypo-allergenic plant fiber added to complete capsule volume requirement)	
<b>1-2 capsules per day, in divided doses, between meals.</b>	

### Pycnogenol® 50 mg.

#### each vegetable capsule contains

Pycnogenol (pine bark extract) .....	50 mg.
(standardized to contain 65-75% proanthocyanins)	
vitamin C (as ascorbyl palmitate).....	2 mg.
(hypo-allergenic plant fiber added to complete capsule volume requirement)	
<b>1-3 capsules per day, in divided doses, between meals.</b>	

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.